

## Sexually Explicit and Pornographic Material Currently Available in Schools and Libraries across Canada

Here are some text and screenshots of the book [It's Perfectly Normal](#) by Robie H. Harris and Michael Emberly are available at the following schools:

- Helen Gorman Elementary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=576739&ti=0>
- Rose Valley Elementary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=644874&ti=0>

Page 9: "Another kind of sexual intercourse happens when the sexual parts of two people who have female bodies touch or when the sexual parts of two people who have male bodies touch. This kind of touching can make the whole body feel good — feel sexy."

Page 60: "When a person with a female body and a person with a male body are having vaginal intercourse, the erect penis goes into and inside the vagina, which stretches in a way that fits around the penis. The wetness from the vagina makes it easier for the penis to go into the vagina."

"Vaginal intercourse is also called vaginal sex. As the two people move back and forth in rhythm, the movement of the penis inside the vagina soon feels very good."

Page 61: When these feelings come to a climax, semen is ejaculated from the penis and spurts into the vagina, and the muscles in the vagina and uterus tighten and finally relax. This is called having an orgasm. Often, right after an orgasm, a small amount of fluid may come out of the vagina and out of the penis.



When these feelings come to a climax, semen is ejaculated from the penis and spurts into the vagina, and the muscles in the vagina and uterus tighten and finally relax. This is called having an orgasm. Often, right after an orgasm, a small amount of fluid may come out of the vagina and out of the penis.



When a person with a female body and a person with a male body are having vaginal intercourse, the erect penis goes into and inside the vagina, which stretches in a way that fits around the penis. The wetness from the vagina makes it easier for the penis to go into the vagina.

Vaginal intercourse is also called vaginal sex. As the two people move back and forth in rhythm, the movement of the penis inside the vagina soon feels very good. They may hug and kiss and touch each other



After a bit, a person's vagina becomes moist and slippery, and the clitoris becomes hard. After a bit, a person's penis becomes erect, stiff, and larger. Sometimes a bit of clear fluid that may contain a few sperm comes out of the tip of the penis and makes it wet. This is usually when two people begin to feel excited about each other.



But in fact, there are different kinds of sexual intercourse — vaginal intercourse, oral intercourse, and anal intercourse.

## 4 Making Love Sexual Intercourse



The dictionary tells us one more thing about sex. It says,

### 1 Sexual intercourse.

Sex can also mean sexual intercourse. Some people call sexual intercourse “having sex.”



Most often, sexual intercourse happens when two people feel very sexy and very attracted to each other and may also have very loving and romantic feelings about each other. These feelings often make them want to or decide to be very close to each other in a sexual way. People can have these feelings for people of a different gender, or for people of the same gender, or for all genders.

One kind of sexual intercourse happens when a person with a female body and a person with a male body are so close to each other that the penis goes inside the vagina, and the vagina stretches in a

way that fits around the penis. This kind of touching can make the whole body feel good — feel sexy. And when this kind of sexual intercourse happens, it is possible for a female body and a male body — once their reproductive organs have grown up — to make a baby.



Most people don't have sexual intercourse only when

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## PART ONE

# What Is Sex?

## 1 Babies, Kids, Preteens, Teens, Grown-ups Sex and Gender

What is sex? What is it... usually? What is it all about?

There are questions lots of kids wonder about. You maybe feel embarrassed or stupid if you don't know the answers, because sex is not a simple matter.

Sex is many things, and people have many different feelings and opinions about it. That's why there is more than one answer to the question, What is sex?

Sex is not just all of hugging and kissing, and it's not just about how I have the crush.



One way to find out about sex is to ask someone you know and trust. Remember, there are no stupid questions.

Another way to find out about sex is to read about it. For example, you can look up the meaning of the word sex in the dictionary. Here is what one dictionary says under the word sex:

1. Either of the two groups, female or male, into which most living things are placed.

2. A label usually given at birth to humans and other living things based solely on the male body parts or the female body parts they have or were born with.

Looking up words such as sex or gender or other words in a dictionary can be a good way to find helpful information. But some dictionaries may not have the most up-to-date information. And other dictionaries

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## 3 Strong Feelings Sexual Desire



The dictionary tells us even more about sex. It says,

### 1 Sexual desire.

Sex is also the desire to be physically close to someone, as close as you can be.

Do you ever really want to have something? That's desire, like when you really want someone to be your best friend or when you really want chocolate ice cream.



You don't know why you want these things. You don't even think about why you want them. These are simply feelings of wanting — of desire.

Sexual desire is different from these desires — different from just wanting chocolate ice cream, or wanting someone to be your best friend, or even wanting to struggle up to your parent, a friend, a pet, or a stuffed animal.

Sexual desire means you feel attracted to someone in a very strong way — like being pulled by a magnet. You want to be as physically close to that person as you can be.

Even though you may think about that person a lot, sexual

desire is mostly the way you feel in your body about that person. Your body may feel excited or warm or queasy or tingly. And sometimes these feelings can be very strong.

For lots of kids, sexual desire can happen when one has lumpy neurons, or exciting feelings about another person — feelings that you may even feel inside your body. Often it's hard to stop thinking about that person and you may even think you are in love with that person. That's called “having a crush” on someone. Having crushes is perfectly normal. Not having crushes is also perfectly normal.

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# It's Perfectly Normal

Changing Bodies, Growing Up,  
Sex, Gender, and Sexual Health

ROBIE H. HARRIS  
illustrated by  
MICHAEL EMBERLEY

CAMBRIDGE PRESS

they want a baby. Most often, people have sexual intercourse because it feels good. People have sexual intercourse well into old age.

When a couple has sexual intercourse and does not want to make a baby, there are healthy ways, called birth control, that can help keep them from making a baby or from passing on an infection to one another.

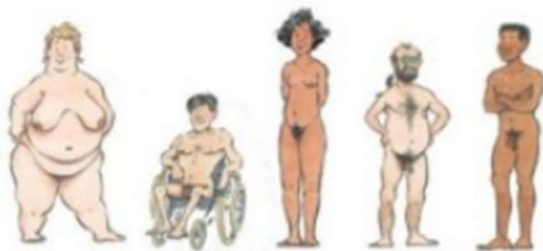
Sometimes, a couple does not plan ahead or decide whether or not to have sexual intercourse. Planning ahead is most often the most effective way to keep a pregnancy from happening.

People also call sexual intercourse "making love" or "loving-making" because it's a way of expressing love. But sexual intercourse is only one way of expressing love.

Another kind of sexual intercourse happens when the sexual parts of two people who have female bodies touch or when the sexual parts of two people who have male bodies touch. This kind of touching can make the whole body feel good — feel very. Since male bodies have only sperm cells and no egg cells — and since female bodies have only egg



WHAT IS SEX? 9

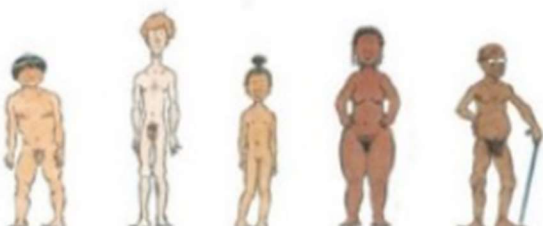


Are you excited that human bodies come in all different sizes, shapes — and colors? People's bodies look so different.

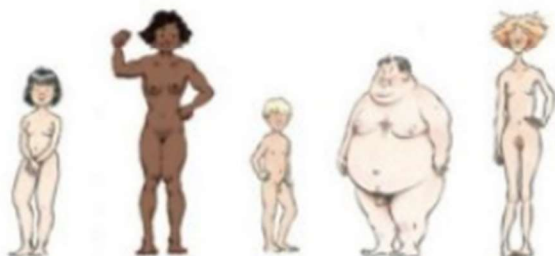
Most human bodies look pretty much the same to me.

They do!

They do.



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Oh, come on! You do know that male and female bodies look different from one another!

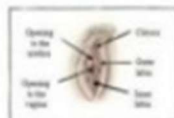
Do we have to talk about this—ever—then—ever—again?

What's the big deal?

Let's just forget we're having this conversation. Okay?



OUR BODIES 21



Vagina

#### The Clitoris

The clitoris is a small amount of skin about the size of a pen. When the clitoris is touched and rubbed, the clitoris and the whole body can feel good both outside and inside. It feels kind of itchy, kind of waxy and nice. It feels very.

#### The Opening to the Uterus

The opening to the uterus is quite small. It is a tube through which urine — liquid waste — leaves the body. The uterus is not a reproductive organ.

**FACT:** Urine is liquid waste from the body. Liquid left over from food and drink that is not used by the body. Urine is the only fluid that travels through a female's ureters.

**The Opening to the Vagina**  
The opening to the vagina is a passageway between the uterus — a sex organ inside the female body — and the outside of the female body. The opening to the vagina is bigger than the opening to the ureters.

**FACT:** A thin piece of skin, called the hymen, covers part of the opening to the vagina. While a girl is growing, or is very active while exercising or playing a sport, or is using a tampon or a menstrual cup for the first time, or is having sexual intercourse for the first time, the hymen stretches and may tear and bleed a bit. And the opening to the vagina becomes somewhat larger. If some bleeding happens, it is normal. Usually, the bleeding does not continue.

Are we finished with all the body stuff to see?

No! Definitely not!



#### The Anus

The anus is a small opening through which feces — solid waste — leaves the body.

**FACT:** Solid waste is the solid material that is left over from food that is not used by the body. It leaves the female body in the same way that it leaves the male body. Solid waste is stored in the bowel before it leaves the body through the anus. The anus is not a reproductive organ.

For those who have female sex organs, in all, from front to back, there are three openings between their legs: the opening to the ureters, the opening to the vagina, and the anus. If they are curious about what these openings look like, holding a mirror between their legs is one way to find out what these parts look like.



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**The Cervix**

The cervix is a small opening located in the lower part of the uterus. It connects the uterus to the top of the vagina. This opening stretches wide when it's time for a baby to be born.

**The Vagina**

The vagina is the passageway from the uterus to the outside of the female body.

**NOTE:** A baby travels through the vagina when it is ready to be born. The vagina is also the passageway through which a small amount of blood, other fluids, and mucus leave the uterus, about once a month. This small amount of normal bleeding begins during puberty and is called menstruation or "having a period." The vagina is also a place where the penis fits during sexual intercourse.

**The Male Sex Organ Outside**

Most baby boys, boys, and men have what many people call "male sex organs"—sex organs that are on the outside of the body. These are the penis and the testicles—which contain the two testes—which are easy to see when the body is naked because they hang between the legs.



Contracted penis      Uncircumcised penis

**The Penis**

The penis is made of soft, spongy tissue and blood vessels. Urine—liquid waste—leaves the male body through a small opening at the tip of the penis.

The end of the penis is called the glans. When the penis is touched and rubbed, the penis and the whole body can feel good both outside and inside—kind of tingly kind of warm and nice. It feels sexy.

**NOTE:** Generally, the penis is soft and hangs down over the scrotum. Sometimes, it becomes stiff and hard, and larger and longer, and stands out from the body. This is called an erection.



to sexual intercourse—at any time and for any reason.

Sexual intercourse usually begins with two people touching, caressing, kissing, and hugging each other.

After a bit, a person's vagina becomes moist and slippery, and the uterus becomes hard. After a bit, a person's penis becomes erect, stiff, and longer. Sometimes a bit of clear fluid that may contain a few sperm comes out of the tip of the penis and makes it wet. This is usually when two people begin to feel excited about each other.

But in fact, there are different kinds of sexual intercourse—vaginal intercourse, anal intercourse, and oral intercourse.

When a person with a female body and a person with a male body are having vaginal intercourse, the erect penis goes into and inside the vagina, which stretches in a way that fits around the penis. The vagina from the vagina makes it easier for the penis to go into the vagina.

Vaginal intercourse is also called vaginal sex. As the two people move back and forth in rhythm, the movement of the penis inside the vagina can feel very good. They may hug and kiss and touch each other

Here are some screenshots of the book **Sex is a Funny Word** by Cory Silverberg available at the following Schools:

- Mar Jok Elementary School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=786623&ti=0>





## BREASTS

Some bodies have breasts and some bodies don't.

Like nipples, breasts come in lots of shapes, sizes, and colors. No two breasts are exactly alike, even on the same body.

If a body is going to grow breasts, they usually start to grow during puberty.

Puberty is a time when kids' bodies change and grow much faster than usual.

Like nipples, some people's breasts are sensitive and can feel good when they are touched.

Some grown-up breasts can also do an amazing thing. They can produce milk to feed a baby. This is called breast milk. When this happens, the milk is produced in the breast and comes out through the nipple.

GROWN-UPS



## BOTTOMS

Every body has a bottom. There are lots of names people use to talk about the bottom: bum, rear end, behind, butt (which is short for buttocks), and more.

Every bottom is a little bit different in size and shape and color. As a body grows, the bottom grows too.

Bottoms have two cheeks that are soft and most of the time we sit on them.

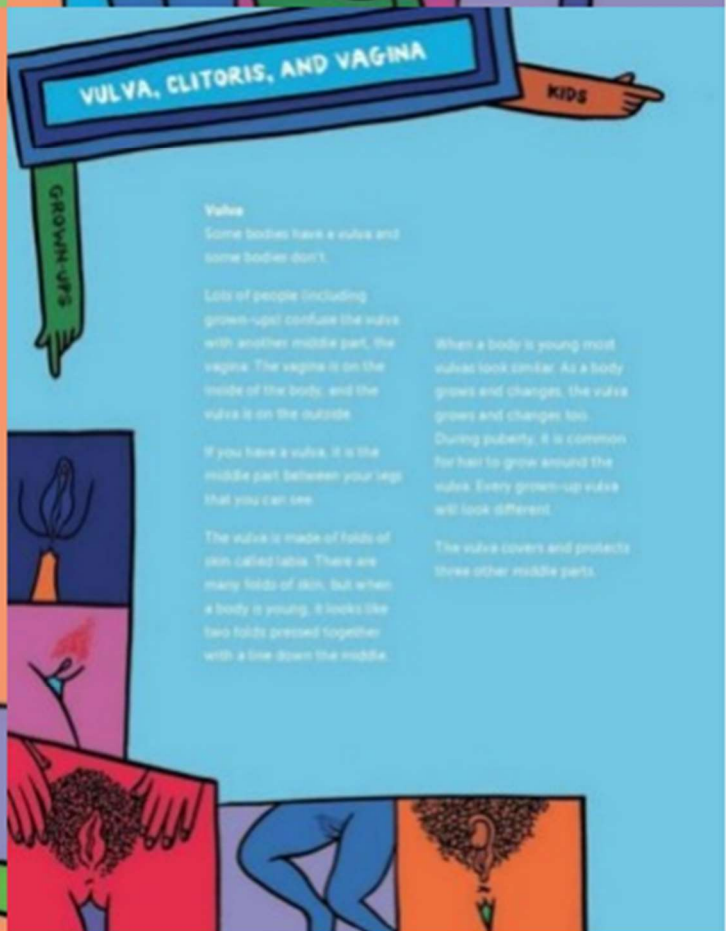


Between the cheeks, there is a hole or opening where poo (also called feces) comes out. This hole is called the anus.

Like other holes in the body, the anus is usually very sensitive, which means it can feel good to touch but can also hurt if we are rough with it.

Because the anus is where the outside of our body meets the inside, and because it is where poo comes out, we need to wash our hands after touching it.

GROWN-UPS



## VULVA, CLITORIS, AND VAGINA

**Vulva**

Some bodies have a vulva and some bodies don't.

Lots of people (including grown-ups!) confuse the vulva with another middle part, the vagina. The vagina is on the inside of the body, and the vulva is on the outside.

If you have a vulva, it is the middle part between your legs that you can see.

The vulva is made of folds of skin called labia. There are many folds of skin, but when a body is young, it looks like two folds pressed together with a line down the middle.

When a body is young most vulvas look similar. As a body grows and changes, the vulva grows and changes too. During puberty, it is common for hair to grow around the vulva. Every grown-up vulva will look different.

The vulva covers and protects three other middle parts.

GROWN-UPS

### Clitoris

The clitoris is a middle part that is both inside and outside the body. The clitoris can be very sensitive, and touching it can feel warm and tingly.

Some clitorises are bigger than others. Some are easy to see and feel, and some are not.

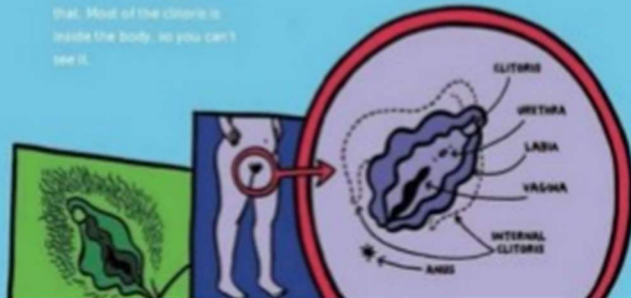
The smallest part of the clitoris is on the outside of the body at the top of the vulva, where the two sides meet. This part is often hidden under a little hood. But the clitoris is much bigger than that. Most of the clitoris is inside the body, so you can't see it.

### Vagina

The vagina is a middle part inside the body. The vagina is a strong and stretchy tube. There is a hole or opening to the vagina behind the vulva.

### Urethra

The urethra is a small tube that has a hole or opening at one end and where pee (which is also called urine) comes out. Because the urethra connects the inside of our body to the outside, it's good to wash our hands before and after we touch it.



### Foreskin

If a baby is born with a penis, there will usually be a layer of skin that covers the end of the penis like a hood. This is called the foreskin.

When a body is young, the foreskin may be tight and not move a lot. As a body grows, the foreskin loosens and grows too. It's important not to pull on the foreskin too hard before it loosens on its own.

Some families choose to have the foreskin removed, usually soon after a baby is born. This is called circumcision.

Just like every vulva looks different, so does every penis.

### Scrotum and Testicles

The scrotum looks kind of like a little bag or sac that is against the body below the penis. The scrotum holds and protects the testicles (which some people call balls). Most bodies with testicles have two of them, but some have one.

The testicles are very sensitive and delicate, which is why they are protected inside the scrotum. Even with the scrotum, the testicles can be hurt if they are touched roughly.



## ERECTIONS

Most bodies get erections, but they only happen in certain parts of your body.

If your body has a penis, you might have noticed that sometimes it is soft and bendy, and sometimes it gets hard and doesn't bend. When it's hard and doesn't bend, that's an erection.

If your body has a clitoris, you might have noticed that sometimes it feels soft, and sometimes it feels a bit harder or firmer. When it's harder or firmer, that's an erection.

Erections can happen when we touch ourselves to feel good, but they also happen at other times: during the night when we are asleep, and first thing in the morning when we get up. Erections happen even if we're not doing anything at all. Babies will often get erections when they have to pee.

One way to think about erections is that they are just your body's way of exercising on its own.

**ERECTIONS AREN'T JUST FOR BODIES. DID YOU KNOW THE WORD ERECT JUST MEANS TO MAKE SOMETHING STAND UP? WHEN A BUILDING IS BEING BUILT, THEY SAY THEY ARE ERECTING IT.**



When a baby is born, the doctor or midwife who helped it be born looks at its new naked body.

If they look down and see a penis, they say, "It's a boy."

If they look down and see a vulva, they say, "It's a girl."

Sometimes the people looking see a big clitoris and think it's a penis. Sometimes they see a small penis and think it's a clitoris. Sometimes they aren't sure.



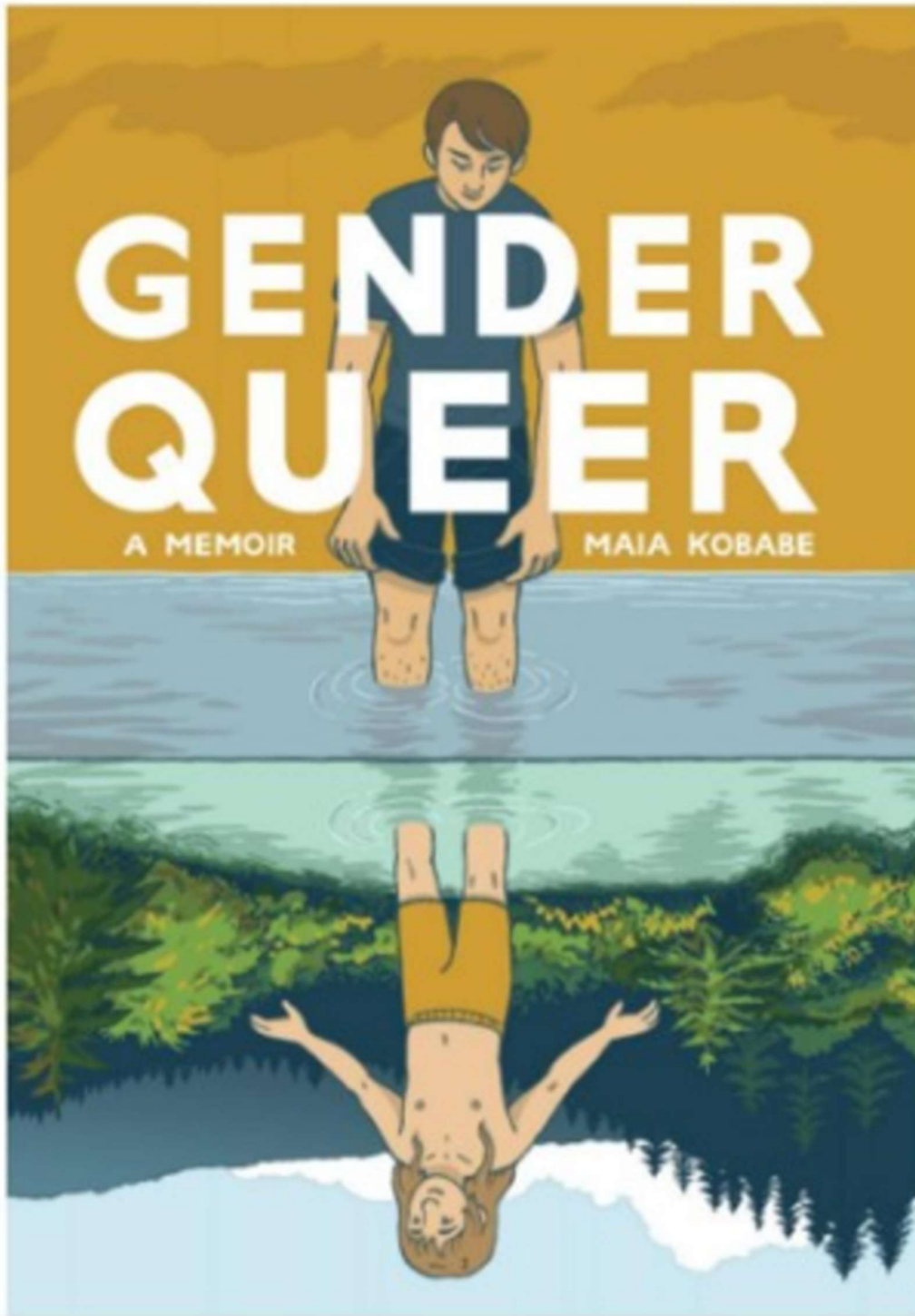


TOUCHING YOURSELF

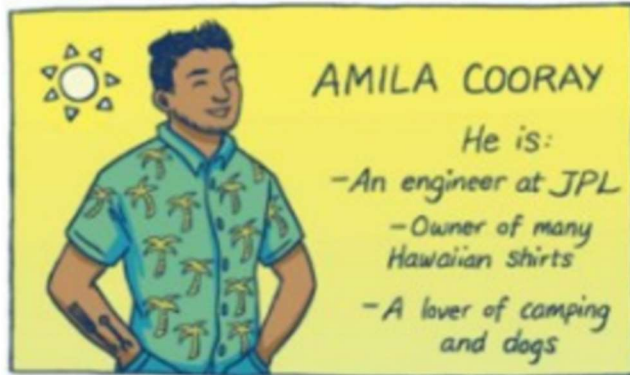


Here are some screenshots of the book **Gender Queer** by Kobabe Mais available at the following Schools:

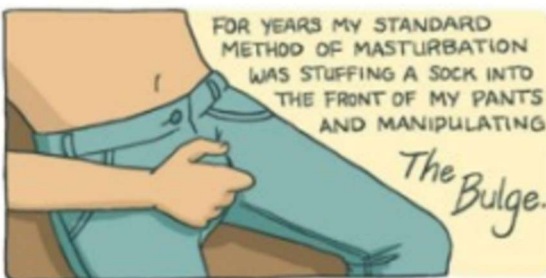
- Kelowna Secondary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=892510&ti=0>
- Rutland Senior Secondary School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=961617&ti=0>



AT THANKSGIVING IN 2015, MY SISTER BROUGHT HER NEW BOYFRIEND TO STAY WITH ME AND MY PARENTS FOR THE FIRST TIME.



AMILA IS THE FIRST PERSON I'VE WATCHED TAKE TESTOSTERONE.



\* I PROMISE I'M A REALLY SAFE DRIVER.

ALISON BECHDEL WRITES IN FUN HOME ABOUT DISCOVERING MASTURBATION SOON AFTER HER FIRST PERIOD (PAGE 170).



I DISCOVERED IT AT AROUND THE SAME AGE, FOLLOWED BY THE FURTHER REALIZATION THAT MY ABILITY TO BECOME AROUSED WAS GOVERNED BY A STRICT LAW OF DIMINISHING RETURNS.



THE MORE I HAD TO INTERACT WITH MY GENITALS THE LESS LIKELY I WAS TO REACH A POINT OF ANY SATISFACTION. THE BEST FANTASY WAS ONE THAT

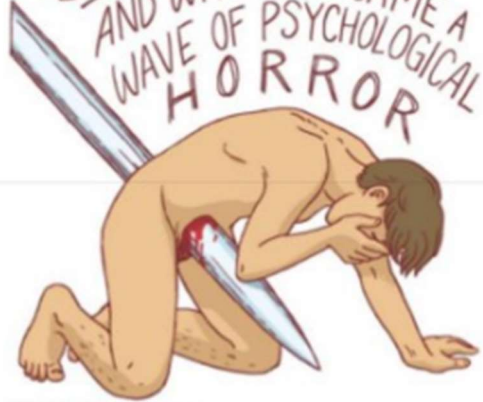
WHEN I FINALLY GOT OLD ENOUGH TO NOT BE EMBARRASSED TALKING ABOUT THIS STUFF WITH MY SISTER:





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AS IF I FELT  
BEEN STABBED  
THROUGH MY  
ENTIRE MY  
BODY AND WITH THIS CAME A  
WAVE OF PSYCHOLOGICAL  
HORROR



AT THE REALIZATION THAT THINGS CAN  
GO INSIDE MY BODY

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Here are some screenshots of the book **Fun Home** by Alison Bechdel available at the following Schools:

- KLO Middle <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=915900&ti=0>

IT WAS JUST A SLIGHT, BROWNISH SECRETION. IT CERTAINLY DIDN'T REQUIRE ONE OF THE MAMMOTH NAPKINS, OR THE PORNOGRAPHIC BELT. A WAD OF TOILET PAPER SUFFICED.



IT WENT AWAY AFTER A FEW DAYS AND PASSED UNMENTIONED IN MY DIARY. I RETURNED TO SCHOOL.

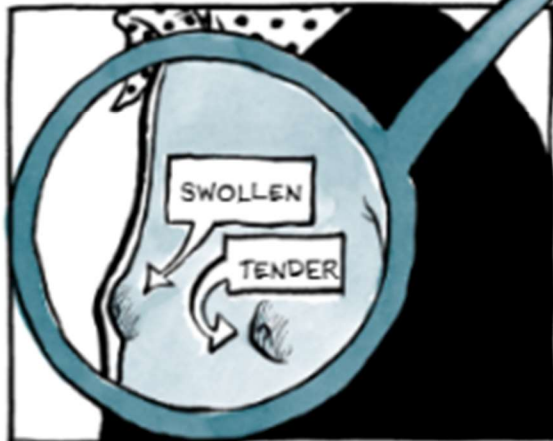
ABOUT THAT TIME, ON A WEDNESDAY AFTERNOON. MY BEST FRIEND BETH'S FATHER AND A LETTER FROM DAD FOLLOWED.



IN AN ELOQUENT UNCONSCIOUS GESTURE, I HAD LEFT FLYING FOR HIM TO RETURN TO THE LIBRARY--MIRRORING HIS OWN TROJAN HORSE GIFT OF COLETTE.

IT'S TRUE I HAD NOT WANTED TO GROW BREASTS, BUT IT NEVER OCCURRED TO ME THAT THEY WOULD HURT.

NOR HAD I EXPECTED THEM TO BE SO ODDLY CARTILAGINOUS. ACCIDENTAL IMPACT WAS EXCRUCIATING.

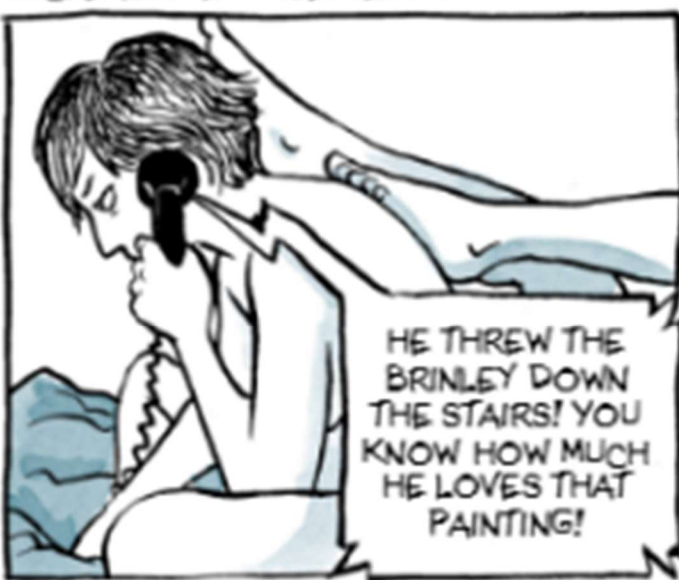


...OTHERS AS PORNOGRAPHY. IN THE HARSH LIGHT OF MY DAWNING FEMINISM, EVERYTHING LOOKED DIFFERENT.



THIS ENTWINED POLITICAL AND SEXUAL AWAKENING WAS A WELCOME DISTRACTION.

THE NEWS FROM HOME WAS INCREASINGLY UNSETTLING.



THE NOTION THAT MY SORDID PERSONAL LIFE HAD SOME SORT OF LARGER IMPORT WAS STRANGE, BUT SEDUCTIVE.

AND BY MIDTERM I HAD BEEN SEDUCED COMPLETELY.

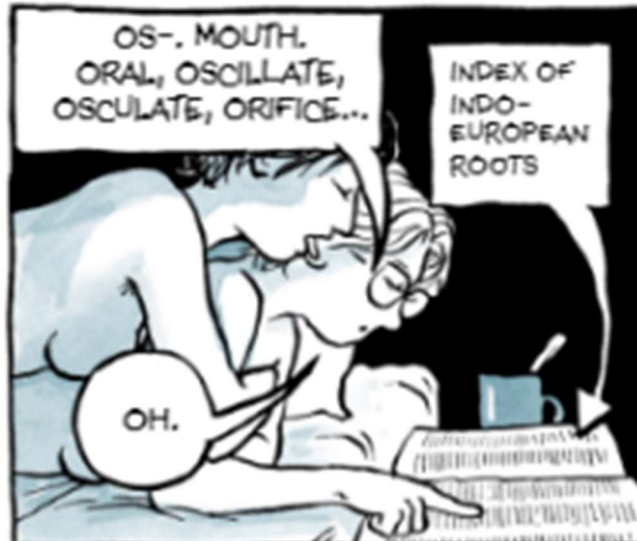


JOAN WAS A POET AND A "MATRIARCHIST." I SPENT VERY LITTLE OF THE REMAINING SEMESTER OUTSIDE HER BED.

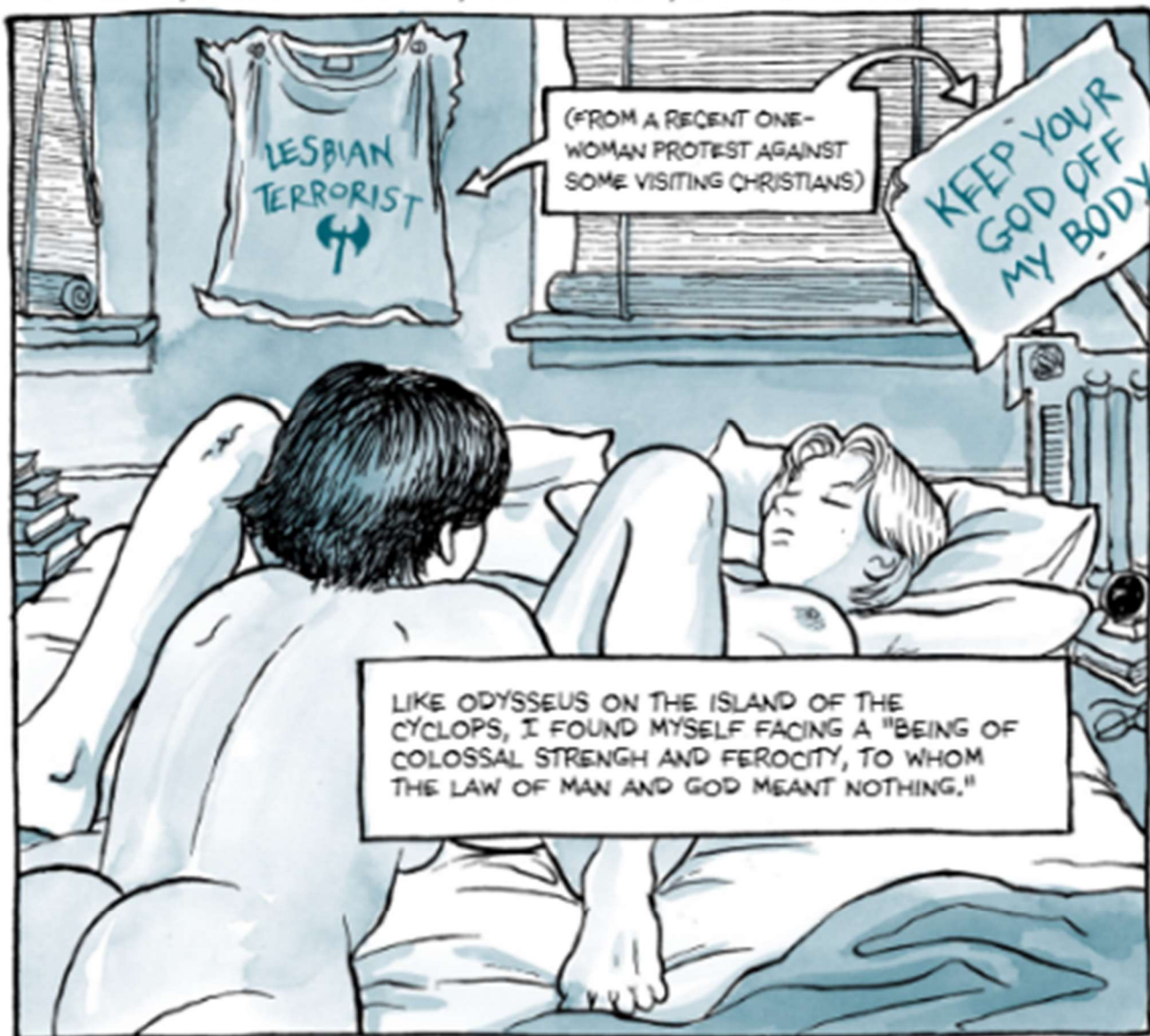


I LOST MY BEARINGS. THE DICTIONARY HAD BECOME EROTIC.

SOME OF OUR FAVORITE CHILDHOOD STORIES WERE REVEALED AS PROPAGANDA...



VEERING TOWARD SCYLLA SEEMED MUCH THE SAFER ROUTE. AND AFTER NAVIGATING THE PASSAGE, I SOON WASHED UP, A BIT STUNNED, ON A NEW SHORE.



IN TRUE HEROIC FASHION, I MOVED TOWARD THE THING I FEARED.



YET WHILE ODYSSEUS SCHEMED DESPERATELY TO ESCAPE POLYPHEMUS'S CAVE, I FOUND THAT I WAS QUITE CONTENT TO STAY HERE FOREVER.

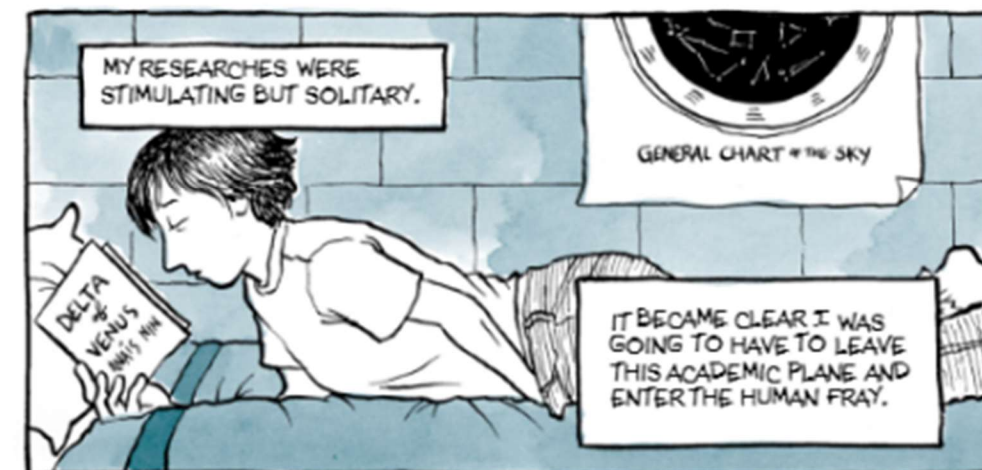




JOAN WAS NOT JUST A VISIONARY POET AND ACTIVIST, BUT A BONA FIDE CYCLOPS.



SHE'D LOST ONE EYE IN A CHILDHOOD ACCIDENT VIVIDLY REMINISCENT OF THE WAY ODYSSEUS BLINDED POLYPHEMUS.



I WENT TO A MEETING OF SOMETHING CALLED THE "GAY UNION," WHICH I OBSERVED IN PETRIFIED SILENCE.

BUT MY MERE PRESENCE, I FELT, HAD AMOUNTED TO A PUBLIC DECLARATION. I LEFT EXHILARATED.



ONCE WE WERE AT THE BULLPEN, MY BROTHERS DISCOVERED THE CALENDAR.

I FELT AS IF I'D BEEN STRIPPED NAKED MYSELF, INEXPLICABLY ASHAMED, LIKE ADAM AND EVE.



THE SHOVEL WASN'T RUNNING, BUT THE OPERATOR LET US INTO THE CAB.

Here are some screenshots of the book [All Boys aren't Blue a memoir-manifesto](#) by George M Johnson available at the following School:

- Mount Boucherie Secondary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=939273&ti=0>
- Kelowna Secondary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=959309&ti=0>

He reached his hand down and pulled out my dick. He quickly went to giving me head. I just sat back and enjoyed it as I could tell he was, too. He was also definitely experienced in what he was doing, because he went to work quite confidently. He then came up and asked me if I wanted to try on him. I said sure. I began and he said, "Watch your teeth." I didn't want to let him know I was inexperienced. So, I slowed down and took my time and luckily got into a good rhythm. He didn't know I was a virgin, and I did my best to act dominant like my favorite porn star. I was an actor, and this was my movie.

There was so much excitement running through my body. This was much more than losing my virginity. For once, I was consenting to the sexual satisfaction of my body. This moment also confirmed that sex could look how I wanted it to look. And that it could be passionate and kind, but most importantly, fun and satisfying. His body felt great in my mouth.

I had previously topped someone who clearly enjoyed it, but he had been enjoying anal sex before I ever came along. He knew what to expect. I didn't. As an avid porn watcher, the only thing I knew about anal sex previously was that it was painful, or at least played up as such on the cameras.


Nervous and drunk, I listened and got on my stomach. He got on top and slowly inserted himself into me. It was the worst pain I think I had ever felt in my life. He then added more lube and tried again, which felt better but not by much. He began his stroking motion. Eventually, I felt a mix of pleasure with the pain.

I can't say that I didn't enjoy it, because I did. But it was painful for sure. In those few minutes though, I can say that he was gentle. His aim wasn't to hurt me, and my aim was for him to be pleased, too. He didn't last long inside of me, thankfully. He gave me a kiss before he pulled out. I didn't stay long, nor did I masturbate after. I was in a state of shock. I just wanted to get back home.

Here are some screenshots of the book [a Quick and Easy Guide to They-Them Pronouns](#) by Bongiovanni Archie available at the following School:

- Kelowna Secondary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=864083&ti=0>
- Okanagan Mission Secondary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=883986&ti=0>

★ **Archie Bongiovanni** has been drawing comics for over a decade, which also means that they're a part-time server. They've published monthly comics on *Autostraddle*, and have also drawn for *The Nib* and *Everyday Feminism*. They publish a lot of work from their own printer. They also teach comic courses to high schoolers at a local library, run a huge queer book club, and work at a feminist-owned sex shop. They will always eat the entire bag of Doritos in one sitting.




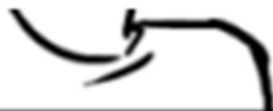
**A QUICK REFERENCE CHART FOR YOUR CONVENIENCE!**

Subject	Object	Possessive determiner	Possessive pronoun	Reflexive
She	Her	Her	Hers	Herself
He	Him	His	His	Himself
They	Them	Their	Theirs	Themselves
Ze	Hir	Hir	Hirs	Hirself
Carol	Carol	Carol's	Carol's	Carol

Here's what it all looks like next to each other! I included one of the (many) gender neutral pronouns besides they/them (in this case ze/hir).

Also, some folks don't want any pronouns associated with themselves and prefer for us to just use their names.





## WHY PRONOUNS MATTER

Excuse me,  
ma'am?

Hey,  
girl.



Her  
shirt is  
weird.

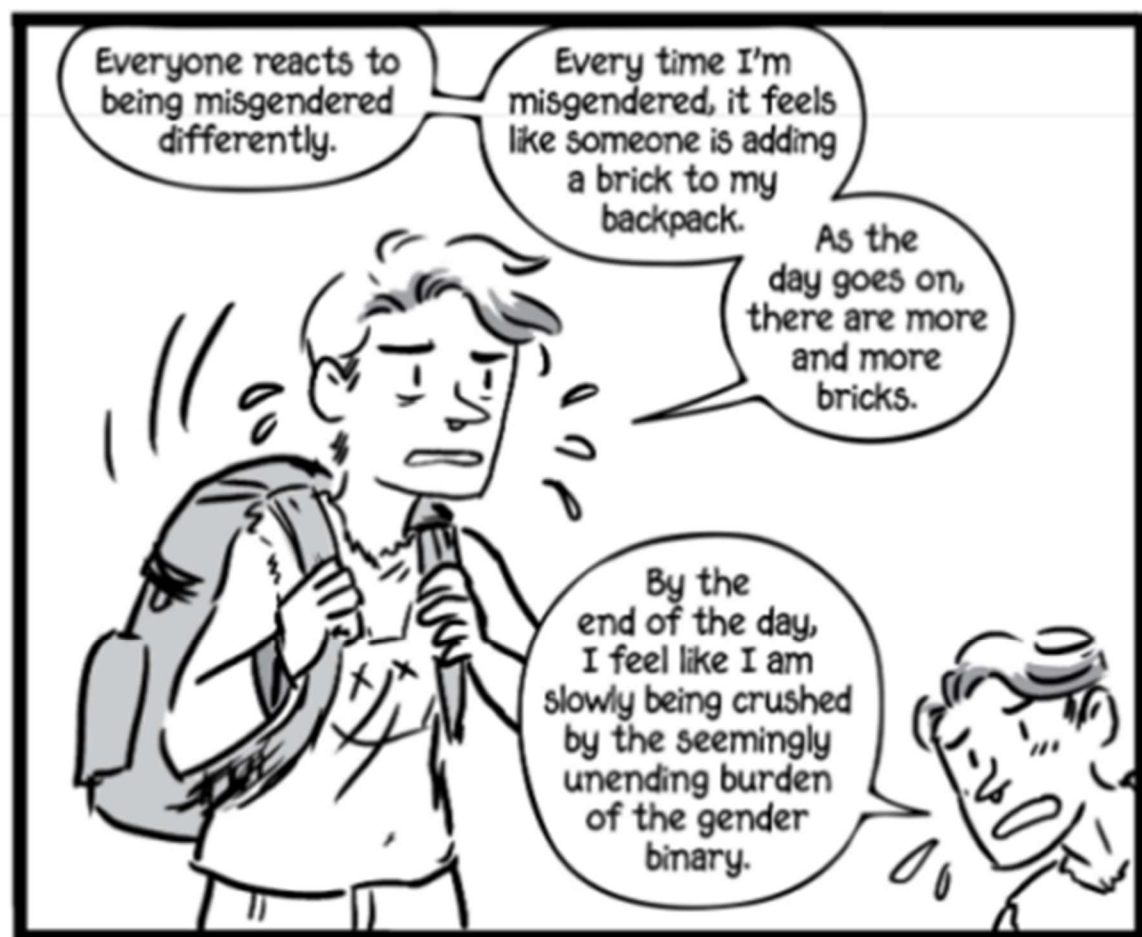
But  
she seems  
nice!



That  
woman over  
there.

Miss?  
Watch  
out, lady.







Get  
up.

I  
can't.

Being  
misgendered all  
day is mentally  
exhausting.

Here are some screenshots of the book **a Quick and Easy Guide to Queer and Trans Identities** by Mady G & R and JR Zucherberg available at the following School:

- Springvalley Middle School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=960756&ti=0>





BETWEEN THOSE ENDS OF THE SCALE ARE MANY OTHER TYPES OF SEXUALITY. THESE INCLUDE...

**BISEXUALITY**

ATTRACTION TO THE SAME GENDER AS WELL AS OTHER GENDERS.



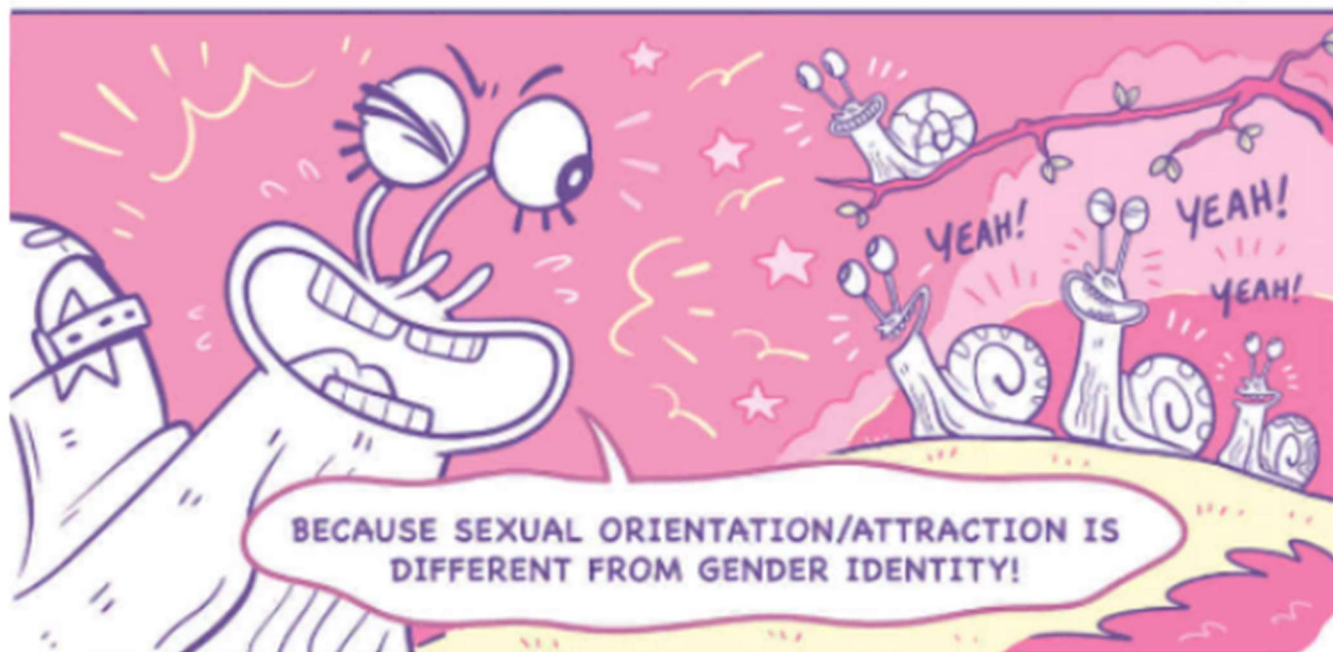
**ASEXUALITY**

A LACK OF SEXUAL ATTRACTION.



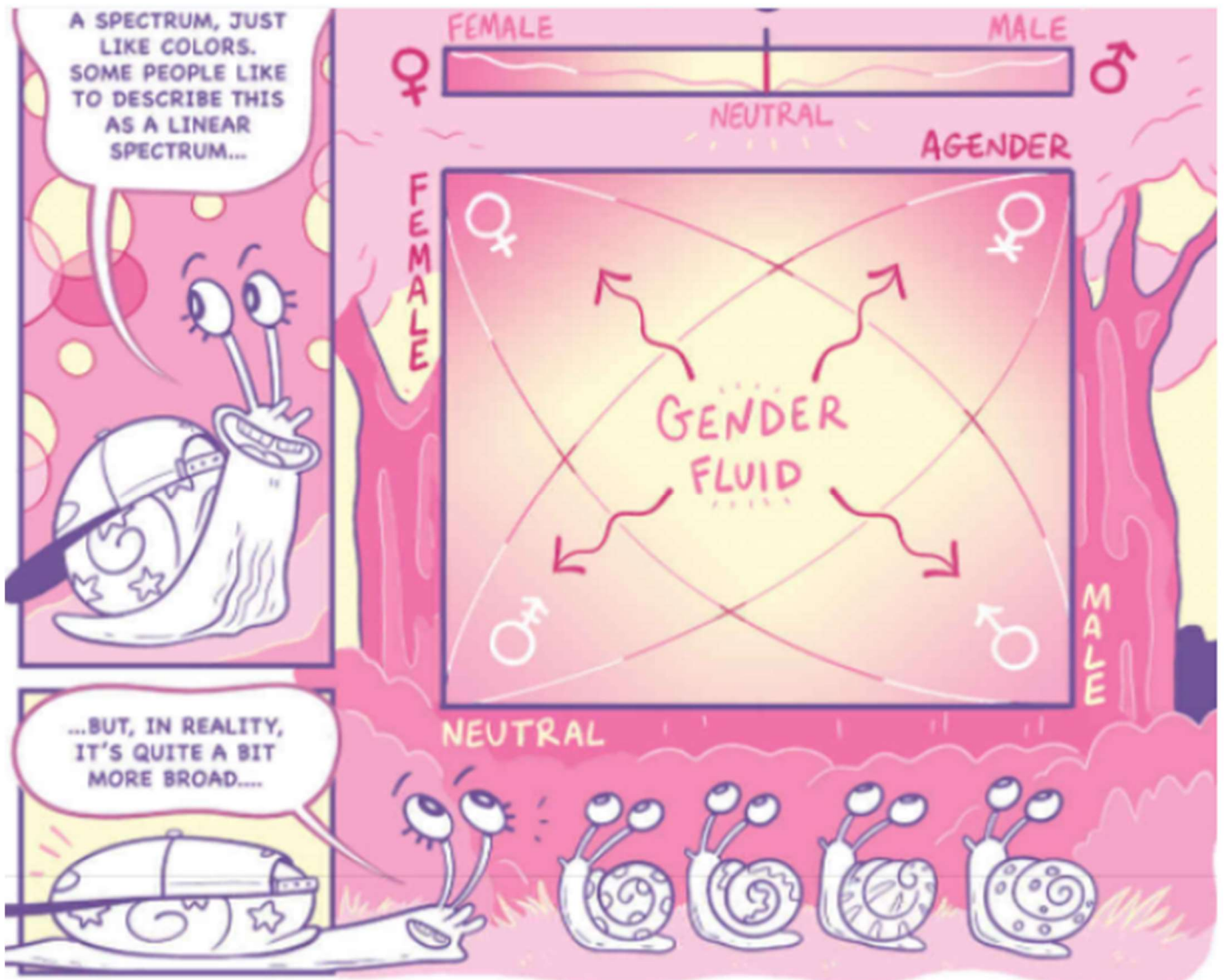
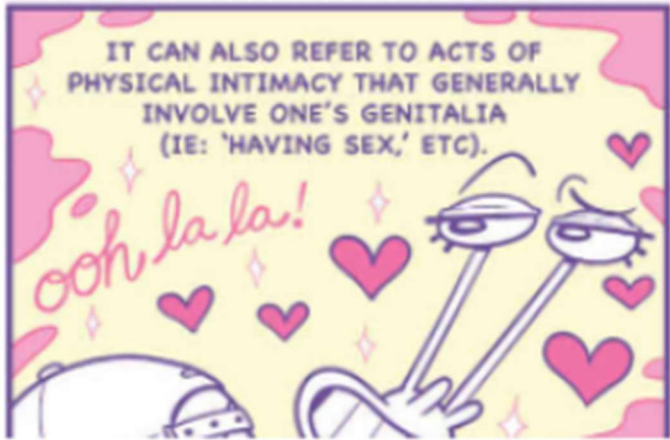
**PANSEXUALITY**


ATTRACTION TO PEOPLE REGARDLESS OF GENDER.



BECAUSE SEXUAL ORIENTATION/ATTRACTION IS DIFFERENT FROM GENDER IDENTITY!







FOR THIS REASON, THOSE KINDS  
OF NON-BINARY PEOPLE  
PARTICULARLY ENJOY THINGS  
LIKE ALIENS, ROBOTS,  
AND OTHER NON-HUMAN  
REPRESENTATIONS.

IT'S NOT UNCOMMON FOR TRANSGENDER  
PEOPLE OF ALL TYPES TO IDENTIFY  
WITH SOME NON-HUMAN AVATAR,  
BUT IT'S PARTICULARLY COMMON FOR  
YOUNGER NON-BINARY TRANS PEOPLE.

LOTS OF JOURNEYS ABOUT SUFFERING  
GENDER DYSPHORIA END IN SOME SORT  
OF PHYSICAL TRANSITION,  
BE IT HORMONAL, SURGICAL, OR BOTH.

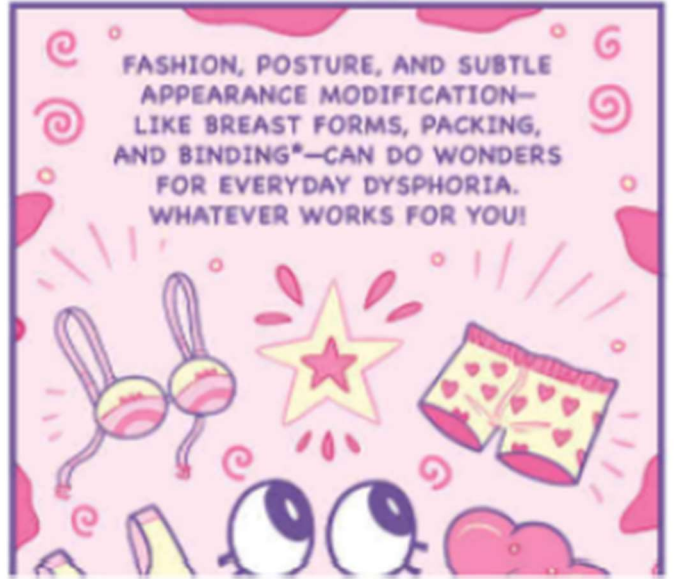


HOWEVER, NOT EVERYBODY  
WANTS TO GO THROUGH  
MEDICAL PROCEDURES IN  
ORDER TO FEEL GENDER  
AFFIRMATION.

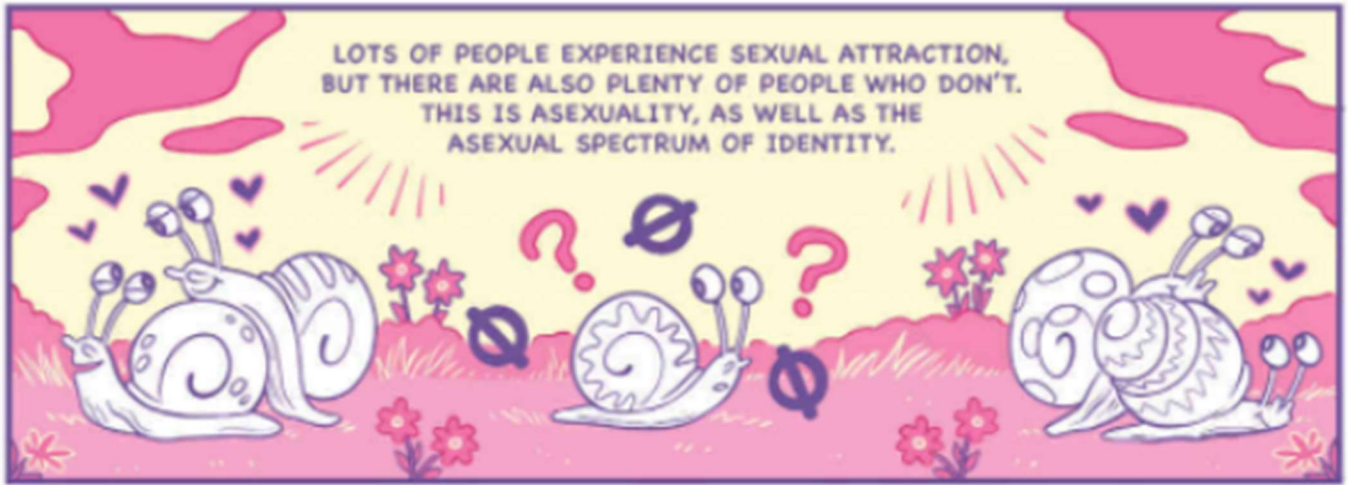


NOT TO MENTION THE  
FACT THAT HORMONES AND  
SURGERIES ARE NOT VERY  
ACCESSIBLE OR AVAILABLE  
TO EVERYBODY.





LOTS OF PEOPLE EXPERIENCE SEXUAL ATTRACTION,  
BUT THERE ARE ALSO PLENTY OF PEOPLE WHO DON'T.  
THIS IS ASEXUALITY, AS WELL AS THE  
ASEXUAL SPECTRUM OF IDENTITY.



ASEXUALITY, IN THE MOST BASIC TERMS,  
IS A LACK OF SEXUAL ATTRACTION.



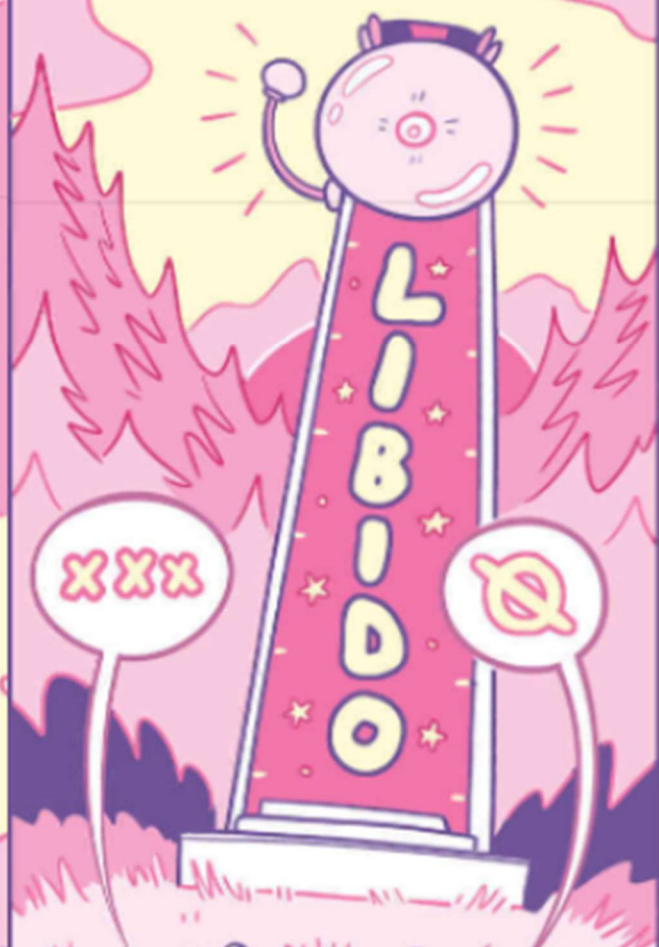
THAT BEING SAID, NOT EVERY  
ASEXUAL PERSON EXPERIENCES THEIR  
ASEXUALITY THE SAME WAY.



AROUSAL IS SEPARATE FROM  
ATTRACTION IN THIS WAY  
BECAUSE OF ITS NATURE  
AS A PHYSICAL REFLEX.



A PERSON CAN BE ASEXUAL  
AND STILL HAVE A HIGH LIBIDO,  
JUST LIKE A PERSON CAN BE  
NON-ASEXUAL AND HAVE  
A LOW LIBIDO.



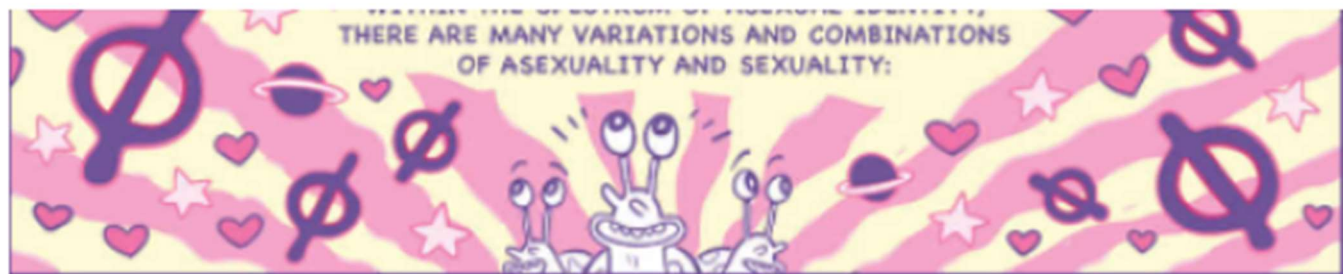
ADDITIONALLY, JUST BECAUSE A  
PERSON IS ASEXUAL, DOESN'T MEAN  
THAT THEY DO NOT EXPERIENCE  
SEXUAL AROUSAL.

PLENTY OF ASEXUAL PEOPLE STILL  
MASTURBATE OR EVEN HAVE SEX  
WITH THEIR PARTNERS.





THERE ARE MANY VARIATIONS AND COMBINATIONS OF ASEXUALITY AND SEXUALITY:



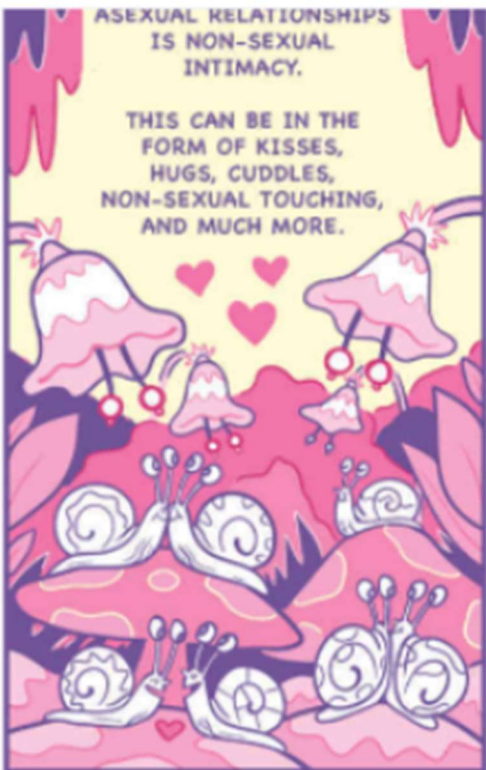
THERE ARE 'DEMISEXUAL' PEOPLE WHO TEND TO REQUIRE A DEEPER AND MORE INTIMATE RELATIONSHIP WITH A PERSON IN ORDER TO FEEL SEXUAL ATTRACTION.



THERE ARE 'CUIOSEXUAL,' 'PLACIOSEXUAL,' AND 'LITHOSEXUAL' PEOPLE WHO DESIRE A SEXUAL RELATIONSHIP WITH SOMEBODY, EVEN THOUGH THEY ARE NOT SEXUALLY ATTRACTED TO THEM.

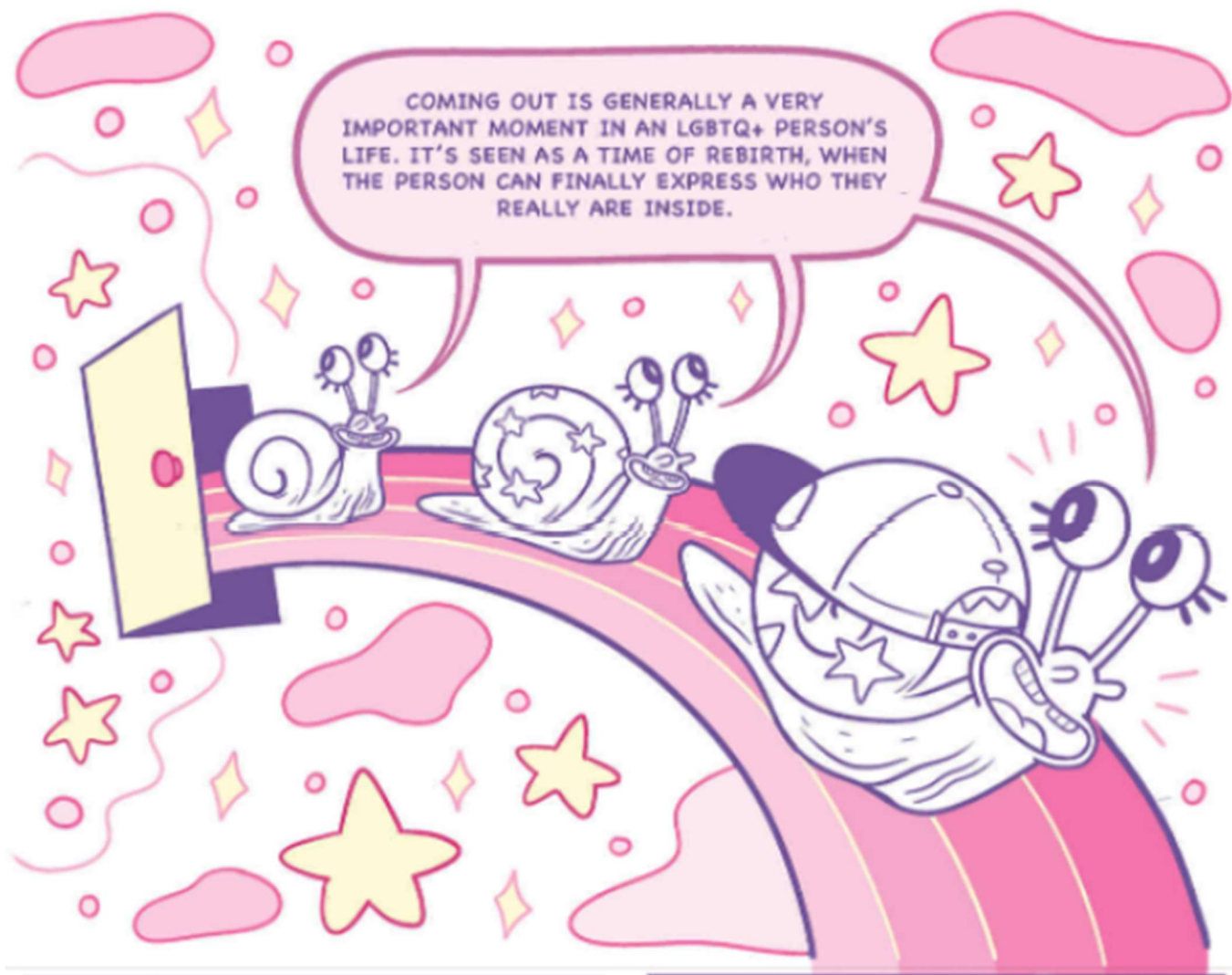
ASEXUAL RELATIONSHIPS IS NON-SEXUAL INTIMACY.

THIS CAN BE IN THE FORM OF KISSES, HUGS, CUDDLES, NON-SEXUAL TOUCHING, AND MUCH MORE.

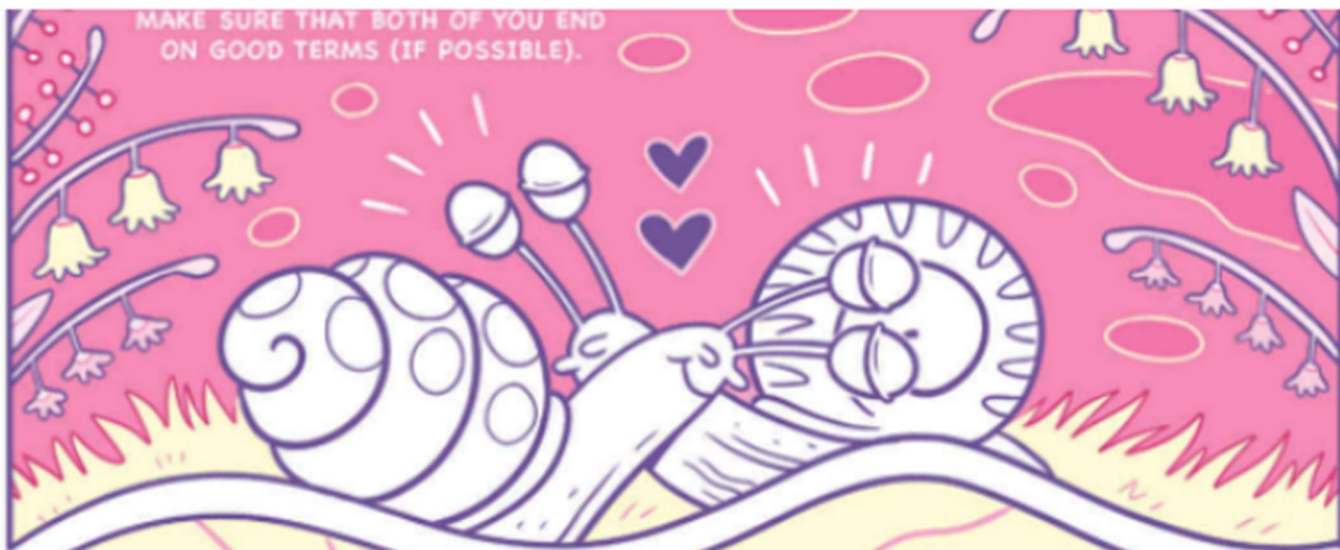




COMING OUT IS GENERALLY A VERY IMPORTANT MOMENT IN AN LGBTQ+ PERSON'S LIFE. IT'S SEEN AS A TIME OF REBIRTH, WHEN THE PERSON CAN FINALLY EXPRESS WHO THEY REALLY ARE INSIDE.



MAKE SURE THAT BOTH OF YOU END  
ON GOOD TERMS (IF POSSIBLE).



MAKE IT CLEAR THAT YOU STILL  
CARE FOR ONE ANOTHER.

SUCCESSFUL DISCUSSIONS ARE BEST  
LEFT WITHOUT CLIFFHANGERS.



Here are some screenshots of the book **Rick** available at the following School:

- Anne McClymont Elem & Prim <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=917174&ti=0>
- Canyon Falls Middle School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=915270&ti=0>
- Constable Neil Bruce Middle <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=913885&ti=0>
- Ecole HS Grenda Middle <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=943076&ti=0>
- Dr. Knox Middle School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=939167&ti=0>
- Springvalley Middle School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=921098&ti=0>
- Peter Greer Elementary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=918429&ti=0>
- Watson Road Elementary Library <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=926703&ti=0> Black Mountain Elementary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=928979&ti=0>
- Bankhead Elementary School <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=956985&ti=0>
- Casorso Elementary <https://insignia.sd23.bc.ca/Library/ItemDetail?l=All&i=932775&ti=0>

forehead and short brown hair that stuck up like loose spikes. He wore red basketball shorts and a black sleeveless T-shirt.

“This game is awesome. You can actually crack a bottle on a guy’s head and the shards embed in his skull.”

“Lemme see!” Rick dropped into the empty chair.

Jeff pressed a series of buttons, and a hulking character on the screen picked up a bottle that read XXX and cracked it over the skull of a skinny little guy drinking at the bar.

“Check out the hottie!” Jeff said in greeting. He tossed his head vaguely across the schoolyard.

“Which one?” Rick hated when Jeff called girls hotties. He made it sound like they were sexy pancakes.

“Right there.” Jeff pointed. “In the blue skirt.”

All Rick could tell about the girl standing on the far side of the yard was that she was white, had a short haircut, and wore a pink shirt with a blue what he meant, but Jeff continued anyway. “With her clothes off.”

Rick gave what he hoped was enough of a laugh.

“You know,” said Jeff, “I saw a lady walking around on the beach witho her clothes this summer.”

“You told me. You sure she wasn’t just wearing a bathing suit the color her skin?”

“No, dude, I told you! She was super naked. And hot too. Everyone was staring. Men, women, kids. Even the fish.”

Rick gave another expected laugh, but before Jeff could tell him any more about the beach show, the school doors opened and a graceful but firm

They sat there for a moment in the air of introductions, just seeing each other.

“You look good.” Rick meant it. Not the way Jeff would, but more like she looked happy. Last year, her hair had been in her face and her eyes were almost always focused on the ground. Now her reddish-brown hair was brushed back and her eyes were looking right at Rick.

“Thanks.”

Rick’s brain felt like a vacuum, and the next words that came to his mind popped right out of his mouth. “So you’re ...”

“I’m a girl. A transgender girl. I wanted to come to school as myself last year, but my mom said I should wait for a fresh start in middle school.”

“That makes sense, I guess.”

Melissa shrugged. “It would have been nice to stop hiding sooner.”

“That makes sense too.” Rick gave a small, awkward smile. He would have thought it would be weird to meet a transgender girl, but it wasn’t, really. At least, not if the girl was Melissa. He continued, “So I guess I know what you’re excited about this year.”

Melissa laughed. “Nervous too, but mostly excited. What about you?”

“I dunno. The regular stuff, I guess. Changing classes sounds kinda fun.”

“Yeah,” said Melissa. “Wanna see my binder?”

Melissa brought out a purple binder that she had drawn intricate geometric designs on in permanent marker. Rick brought out his, which was plain black but had already been set up with each class assigned a color tab—red for math, yellow for Spanish, blue for English.

When the bell rang, the room devolved into a whirl of chaos. Rick found himself right behind Melissa in the rush to the door, where the kid who had been next to Melissa in the yard waited, bouncing in place. From the front, her T-shirt read, *WARNING: RUNS WITH SCISSORS.*

work to do, he would sometimes challenge Rick to a game of checkers. But today, Rick was on a mission. He pulled out his laptop and typed *asexual*.

The screen filled with links to essays, glossaries, and checklists. Asexual meant you weren't sexually attracted to people, or didn't want to do that kind of thing with them. You could want to have a boyfriend or a girlfriend, though. If you were *aromantic*, you weren't romantically attracted to anyone. There were other words too, like *grayromantic* and *graysexual* to describe people who were occasionally attracted to people romantically or sexually, and *demiromantic* and *demisexual* for people who only had those feelings after developing a deep connection. It was a little confusing, but also a relief to see so many possibilities.

Maybe there was a reason Rick didn't know who he *like* liked, and maybe